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## Stefan's London run for disabled brother

By Alex Lewis

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A Potters Bar man with a severely disabled brother is attempting the London Marathon to raise money for research into his condition.

Fifty-one-year-old Stefan Schenkelberg, of Hyde Avenue, whose brother Rainer has been unable to talk or walk since birth. will run the 26,2 mile route through the capital in aid of Action Medical Research on Sunday, April 13



Rainer Schenkelberg. whose brother Stefan lives in Potters Bar

Rainer who is two years older. needs constant care from their mother at her home near Koblenz. in western Germany

Stefan told the Potters Bar Edition: "My mother looks after him 34/7. She was only able to come to see us in Potters Bar because my sister was looking after him for two weeks."



■ Stefan Schenkelberg will run the London Marathon Picture KEVIN LINES

Rainer can read and type emails, but the brothers' face-toface communication is extremely limited and laborious.

Stefan, who operates a fast food van in Potters Bar, hopes the money he raises from the marathon will help prevent such devastating disabilities in future.

He said: "I have enjoyed longdistance running ever since I was in the army as a young man.

"I have been running about five kilometres once a week for three to four years, but now I am running longer distances almost every day"

He is hampered by a severely bruised arm in a recent accident but insisted. "My doctor has given me the all-clear.

"Sometimes my arm hurts when I am running, but I am not giving up."

→ Readers can sponsor Stefan at http://www.action.org.uk/ sponsor/stefanschenkelberg

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